

Improve Your Front Door, Improve Your Life

By Michelle Hess

"Health begins with the mouth," an old saying goes. The same holds true in Feng Shui, the ancient Chinese art of placement. According to Feng Shui principals, the front entrance of your home or business is known as "the mouth of chi," the primary place where beneficial energy enters to nourish your space and your life. "Chi" is the life force energy that flows around and through us, affecting every aspect of our lives. Having an entrance that invites a healthy flow of chi supports good fortune, happiness and vitality. But not all front doors attract this positive energy. A door that is clogged with clutter, in need of repair or poorly lit can cause you to miss out on the opportunities that may knock on another's door, opportunities brought by a healthy flow of chi.

Creating an energetically attractive entrance can be as simple as changing a broken light bulb or trimming the bushes away from the front porch. Try one or more of the following front door enhancers and welcome an abundance of healthy energy into your home.

- Make sure your doorbell works, and repair it if it doesn't.
- Colorful flowers by the front entry are great chi attractors. Red is a powerful color.
- Clear clutter, toys, garden tools, etc. from the porch and pathway to the front entrance.
- Attract positive energy with a brightly lit entrance, and replace any burned out bulbs as soon as possible.
- Paint the front door an attractive color that sets it apart from the rest of the house.
- Make sure your address is easy to read from the street (or driveway to your house if your house is set back).
- A pleasant-sounding wind chime by your front door is an excellent way to attract chi. An alternative is a colorful windsock or flag.

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